



“Raising the House” 5K RUN/WALK—In Memory of Blaine R. House
Saturday, March 28, 2020—Palmerton Borough Park 10:00am

Registration by December 31, 2019 - \$20.00

Registration January 1, 2020 thru March 8, 2020 - \$25.00

After March 8th, fee is \$30.00 (shirt not guaranteed)

Online Registration: www.pretzelcitysports.com

Race shirt guaranteed if registered BY March 8, 2020, however shirt is forfeited if not picked up by race start

First Name		Last Name		Email:	
Address					
City		State	Postal Zip	Day Time Phone	
NAME	AGE @ RACE	SEX	SHIRT SIZE	Registration fee from above	Total
1. Myself					
2.					
3.					

If you are registering others in addition to yourself, please ENTER THEIR FULL NAME

Emergency Contact: _____ **Phone#:** _____

TEAM NAME _____

RTH will donate \$10 per team member (up to \$250) to the charity of their choice, for the largest team registered AND for the team with the fastest race finish time. *(teams are only eligible to win in 1 category)*

Race Day information: Registration begins at 8:45 a.m.

Run/Walk starts at 10:00am • Loop with Start/Finish at the Borough Park, Third and Franklin Ave, Palmerton, PA.

For safety reasons, bicycles will not be permitted on the course during the race.

****Pre-registration/packet pick up will be at the Palmerton Borough Hall on Friday March 27th 6-8pm****

ALL ADULTS REGISTERED ON THIS FORM - PLEASE READ THIS WAIVER & SIGN BELOW: I know that participation in a road race or walk-a-thon is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release RTH and its committee members, the Borough of Palmerton, all sponsors, their representatives and successors, including the claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose
(Parent's Signature if the participant is a minor)

Signature: _____ **Date:** _____

Children under age 18 MUST have the waiver signed by parent/guardian/adult representative to participate in race.

Prizes for individual Competitions: Awards will be given to the top overall male and female runner with additional awards for the top three male and female finishers in the following age groups: 12 and under, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 and up.

Make Checks Payable to: “Raising the House”

Website: www.raisingthehouse.org

Mail Completed & SIGNED Registration form to:

Email: raisingthehouse5k@gmail.com

Raising the House

P.O. Box 58 ~ Palmerton, Pa 18071

